



Check your Motivation

Questionnaire

GROW BIGGER - FROM WITHIN

7 SIGNS OF MOTIVATION AT WORK

1. Does hearing the news of

your boss's
outstation
trip

Gets you excited?

2. Do You

Secretly Pray

for cancellation of weekly
review meeting?

*Answer on 1 to 5 scale for HIGHLY DISAGREE to HIGHLY
AGREE*

3. Do you

Cringe

when "everyone" joins hand
to give you improvement
advice/ideas?

4. Do you

hold yourself
back

from talking up new ideas at
team meetings?

5. Do you save the

Year's
Holidays
Calendar

on desktop for quick access?

6. Do you focus on "task"
completion

just to stay
clear

from being pulled up?

*Answer on 1 to 5 scale for HIGHLY DISAGREE to HIGHLY
AGREE*

7. Do you stick to

the verbatim
brief

of being delegated stuff to
work on?

**Your cumulative score of 20+
means, you are demotivated at work
and it calls for a speedy correction!**

Check out www.ctrlbfont.com for more Job Satisfaction
ideas